



MPOWER Training Solutions

Soft Skill Training



Coaching



Psychometric Assessment

HR Projects



Excellency - Spoken English



MPower Training Solutions

*At MPower,
our ultimate
aim is creating
true value for
your business,
through the
essential core
asset of your
company -
your people.*

People - the human face of an organization, are its most cherished and valuable resources. To manage this critical resource, MPower - HR Management Consultants is a reliable name in today's modern corporate world for offering integrated training and consultancy services.

MPower signifies a new beginning, fresh thinking, innovative ideas and value add services. We strive to provide end to end HR services encompassing soft skills trainings, interventions, outbound training experiences, coaching, psychometric assessments and a core HR projects for our clients. Our strong beliefs and values define what we stand for and determine how we work.

Our Key Services:

- *Training and Development: Soft Skill Training, OBT, English Proficiency*
- *Coaching*
- *Psychometric Assessment*
- *HR Consulting*

Why Are We Here - Our Vision:

To touch more and more people by being a catalyst in their growth and in-turn help them evolve to self-aware, driven and effective individuals.

Our Values And Core Competencies:

- *Customized Intervention Programs*
- *Cutting Edge Research and Subject Matter Expertise*
- *Diverse Learning Methodologies Including Experiential Learning*
- *Focus on Process Excellence*
- *Measurable Outcomes*



How We Differ?

We believe that we are an extension of our client's HR team and must perform as a responsible representative of their organization. At the same time, we make sure to bridge the gap, if any, between the focused participants/target group and the management. We work with the client to identify needs, develop an action plan and assist with implementation.

We understand that requirement of each client is unique, so we co-work with them to identify and analyze the gaps in their workforce. We perform our best to provide customized solutions through our different services to our clients considering clients' corporate culture, management style and philosophy.

Why Would You Choose Us?

- *Strong Hold on Content*
- *Tailor Made Program Suiting to on the Principles of Adult Learning*
- *Robust Conceptualization*
- *Efficient, Timely and Quality Service*

Team Power:

MPOWER has touched more than 5,000 lives through its services since its inception in year 2011. MPOWER is headquartered in Vadodara with two branches - one in Mumbai and other in Pune. MPOWER 's forte is its powerful team of 10+ consultants, advisors and trainers, whose experience, expertise and dedication helps the clients to reach to the next best level.



MPOWER

helps you to

learn, absorb

and

understand,

write, speak

and influence,

think and

innovate and

manage and

lead.

What We Offer:

The entire gamut of soft skill sessions:

Leadership	Listening
Delegation	Conflict Management
Change Management	Team Building
Creative Thinking	Confidence Enhancement
Communication Skills	Time Management
Email Etiquettes	Assertive Communication
Telephone Etiquettes	Interpersonal Skills
Presentation Skills	Critical Conversations
Grooming	Situational Leadership
Self-Awareness	Book Review
Negotiation Skills	Business Communication
Stress Management and Anger Management	Problem Solving and Decision Making
Supervisory Development Program	6 Hats Thinking Technique
Effective Client Interface	Customer Service Orientation
Effective Communications with Feedback	Critical Thinking
Problem Solving	How to Influence Others
Stress Management	Personality Development
Personal Effectiveness	Work Life Balance



Telephone Etiquette	Cross Cultural Sensitivity
Business Writing	Situational Leadership
Emotional Intelligence	Public Speaking
Transactional Analysis	Power of Positive Attitude
MS-Excel	Finance for Non-Finance

Psychometric Assessment:

Mpower holds certification for more than 25 psychometric tests including online tests. Few of the tests are mentioned below:

Thomas Killman Conflict Mode	Extended Disc
MBTI	FIRO-B
Transactional Analysis	Stress Analysis
Time Management Styles	Aptitude Test

Coaching:

No matter where we are in life in terms of all the spheres, be it professional relations or personal habits, there is always a desire and scope to make it better. Solution focused coaching systematically facilitates an individual to:

- *Identify his inhibiting/challenging/limiting factors or identify the desired competencies which the coachee sees value in getting better at.*
- *Make his own action plan.*
- *Execute the plan which was made (most important).*
- *Experience the difference.*
- *Transform, evolve and move on to the next goal.*

Mpower provides solution focused coaching, wherein the client is led towards the ownership of the skill-sets that encourage him or her to increase creativity, productivity and effectiveness.



We handhold the client to move towards whatever makes the biggest difference to accelerate his/her development choices at this stage, career and life.

HR Projects:

We cater to different HR needs of corporate by working closely with the team HR and the management for different OD interventions.

From designing and implementing the total HR systems and processes to the competency mapping, we have successfully served the SME (Small and Medium Enterprises) as well as the conglomerates. To name a few, following are the projects undertaken by us:

- *Job Analysis: Job description and job specifications.*
- *Developing different policies and redefining organizational structure.*
- *Benchmarking projects.*
- *Designing and Implementing HR Sub-Systems: Recruitment and selection, time office, performance management, etc.*
- *Competency assessment and mapping.*



TESTIMONIALS:

MPOWER saved us time and provided excellent guidance for our HR restructuring. While their expertise and passion played big roles, it was their ability to listen and be flexible that stood out to me. They took the time to really understand what we needed so that the behavioral aspects and job processes came together easily and we received the results we were seeking for strengthening our HR systems and processes. Knowing we have a knowledgeable and extremely organized HR partner is an incredible benefit to our organization.

- Mr Suren Rathod, Head HR - IDEX Group

MPOWER gave me fluent transformation from a college student to a professional. Carefully planned activities helped to understand various aspects of professionalism practically. Personal mentoring helped to grow as a human being. Overall, it was a wonderful learning experience.

- Mr Puneet Shendeliya, Mentee, Linde Engineering

Team MPOWER is energetic, approachable and quick to get things done, which make them extremely easy to work with. Their response time is quick and they are very flexible. We did two sessions with MPOWER for our women employees for 2 consecutive years. And every time they have amazed us with brilliant content, excellent delivery and amazing connect with the audience. They incorporate different approaches for the training session which makes the session interesting and insightful. Hiral has a phenomenal ability to gain people's trust and have open conversations with her. She is very humble and collaborative. This prompted our female employees to open up and share their experiences, concerns, challenges and achievement. Hiral not only acknowledged, appreciated the challenges working women face, but inspired and motivated them to soar high and reach to next best level. The sessions were rich with easy, simple life solutions and suggestions for our female employees to strike a work life balance. I look forward for such continual, enriching association with MPOWER in the years to come.

- Dr Preeti Shukla, GM/HR - Amul



I have had the opportunity to engage the services of MPower on a number of occasions over the past years. Hiral brings with her a wealth of expert knowledge coupled with a high degree of emotional intelligence, that she successfully leverages to resolve workplace challenges. Her dedication to clients is apparent and she was always extremely quick to respond to our needs. I consider her to be a trusted advisor/HR partner and I highly recommend MPower and her firm.

- Mr Rakesh Jain, MD/CEO - RGB Group

Thermax Learning and Development function partnered with MPower for one of the signature program - supervisory development intervention at Savli. Right from identifying the right program inputs to designing the content, facilitation and post workshop sustenance I must compliment, MPower team were a true delight to work with. Their eye for details, long term project management and execution capabilities and aligning the inputs of focused group discussion into the program was extremely thought through. The intervention was super successful and very well received. We wish the entire MPower team all the very best. Keep up the good work!

- Ms Amrita Nawal, Thermax

We will be happy to share the trainers' profiles, references and list of clients on demand.



REACH TO US AT:

